



**Program Annual Symposium of the Belgian Nutrition Society
27/05/2025 UCLouvain Campus in Woluwe-Brussels
HEALTHY FOOD AND/OR NEW DRUGS TO PREVENT AND MANAGE OBESITY?**

Welcome Session

8.45 – 9.15: Registration

9.15 – 9.30: Presentation of the scientific program: Yvan Larondelle (UCLouvain)

Session 1: Chair: Christophe Matthys (KULeuven)

9.30 – 10.10: Roman Van Goitsenhoven (KULeuven):

The role of diet in the era of GLP1-based therapies

10.10 – 10.40: 2 selected oral presentations

1) M....

2) M....

10.40 – 10.55: Flash presentations of 10 posters

Poster session 1 and Coffee break

Session 2: Chair: Jean-Charles Preiser (ULB)

11.30 – 12.10: Jordi Salas-Salvadó (Rovira i Virgili University, Reus, Spain):

Mediterranean diet health benefits in the prevention / management of obesity and diabetes

12.10 – 12.40: 2 selected oral presentations

1) M...

2) M...

12.40 – 12.55: Flash presentations of 10 posters

Poster session 2 and lunch break

Session 3: Chair: Carl Lachat (UGent)

14.00 – 14.20: Carl Lachat (UGent):

Towards better reporting of nutrition research: where are we to date?

14.20 – 14.50: Nathalie Esser (ULiège):

Insights into adipose tissue dysfunction and immunometabolism in obesity

14.50 – 15.20: 2 selected oral presentations

1) M....

2) M....

15.20 – 15.35: Flash presentations of 10 posters

Poster session 3 and Coffee break

Closing session: Chair: Vicky De Preter (UCLL)

16.10 – 16.40: Nicolas Lanthier (UCLouvain):

Towards comprehensive, general care: the example of steatotic liver disease

16.40 – 17.00: BNS prizes for best communication (oral and poster) and upcoming events (BNS board)